



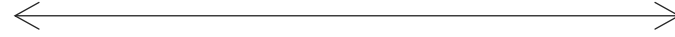
Meeting the Demand

Community Care of St. Catharines & Thorold
helping serve the most vulnerable to thrive



“If you want to go far, go together”

20
24



Community Care of St. Catharines & Thorold (CCSTC&T) has been meeting the needs of the less advantaged in our community since 1919. The fundamental principles on which the agency was founded have not changed over time however, the community need has grown and to support the on-going aid required, our programs have increased to 20 total.

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CCSTC&T is more than a Food Bank. In addition to the food security, **housing help**, **health support**, **family support**, we offer additional services such as our **clothing and household goods program**, and a **Trusteeship Program for youth and adults**.

Feed Niagara ~ CCSTC&T led the creation of **Feed Niagara**, an alliance of 10 food security agencies that collaborate to share resources and maximize food recovery efforts in the Region. All of these programs provide support to our clients as they journey towards independence and self-sufficiency.

Just the Facts ~ Community Care Thorold



- Households Served ~ a look at two years trending
 - 2,167 served in 2023
 - 2,734 served in 2024
 - represents a 26% increase since 2023
 - Avg Tummies Filled 2023 ~ 843/month (42 per day)
 - Avg Tummies Filled 2024 ~ 1,184/month (59 per day)
- In 2024, **38%** of clients served were new clients
 - **Over 35%** were children

Food Collected

- **1,048,381** pounds of food has been collected overall, with 26,770lbs in Thorold, as of Sept 2024 (due to volume of food collected, data is updated on a quarterly basis)
- **Funding Support**
 - CCSTC&T receives NO government funding and is reliant on the support of donors, corporations and grants to provide all programs and services.





Additional Insights ~ beyond the data

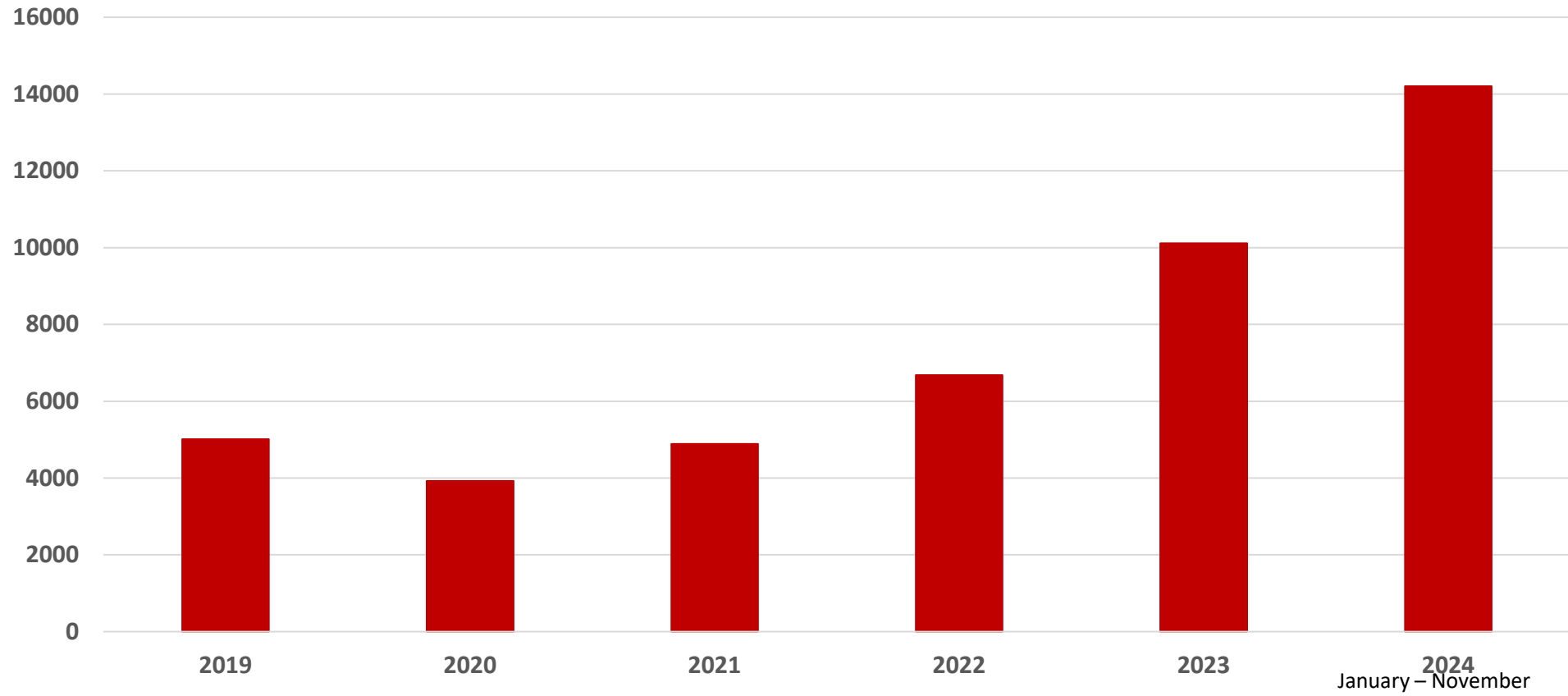
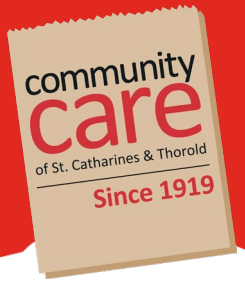
Food Collection & Distribution

The St. Catharines Community Cares location plays a significant role in not only **collecting** donated foods, but also in **distribution** to other agencies. Every day, CCSTC&T vehicles are on the road, working to secure and distribute as much food as is available

- In 2024, **14 agencies** have received support from Community Care of St. Catharines & Thorold distribution
- Community Care also supports the Feed Niagara consortium, helping in the overall distribution of foods donated for the various partner food agencies, maximizing the resources to support all partners.



Tummies Filled – Thorold only



Tummies Filled - St. Catharines & Thorold



Over 425% increase from 2019 to 2024

