Flag Raising for the 16 Days of Activism against Gender-based Violence

The 16 Days of Activism Against Gender-based Violence (GBV) is an international campaign that is observed from November 25, the International Day for the Elimination of Violence Against Women, to December 10, Human Rights Day. This campaign started in 1991 to raise awareness about gender-based violence, and to demonstrate global commitment to ending violence against women, girls, and 2SLGBTQQIA+ individuals.

There will be a flag raising ceremony on **Nov. 25 at 11am** at the Niagara Region Headquarters in the International Plaza. All are welcome to attend.

<u>The Government of Canada's</u> theme for this year is **Come Together, Act Now**. It emphasizes on involving everyone in Canada, particularly men and boys in changing social norms, attitudes and behaviors that contribute to gender-based violence. It is a call to action urging all of us to recognize the signs of gender-based violence and to reach out for support, for ourselves or loved ones.

Become an ally by adopting these actions all year long:

- Listen: be open to learning from the experiences of others
- Believe: support survivors and those affected by violence
- Educate (yourself and others): learn the facts about GBV and participate in an event
- Speak out: add your voice to call out violence
- Act: give your time or donate to organizations working to end gender-based violence

If you or anyone you know are experiencing gender-based violence, please reach out to some of these local resources in Niagara:

- Gillian's Place
- YWCA Niagara Region
- Victim Services Niagara
- Women's Place of South Niagara
- The Coalition to End Violence Against Women
- <u>Niagara Sexual Assault Centre</u>

Social Media:

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